

SATURDAY, JANUARY 9, 2021

10:00AM - 4:30PM

THE

FORTIFY RETREAT

FOR·TI·FY

- To strengthen or invigorate mentally or physically
- To increase nutritive value

ARE YOU READY TO...

- **set some powerful goals** for 2021?
- **increase the health of your mindset**- creating an expanded, positive mental capacity that will serve you positively in 2021?
- **increase the level of high nutrition** you are "feeding" your mental self?
- **make sense of YOUR 2020** to make the most of what you've been through?
- **fortify your mind and spirit** to give yourself a "refresh"?
- **stop dreaming and start doing**, and to keep dreaming and keep doing?

WHERE: Worldwide! From the comfort of your own home or wherever you want to be!

COST: \$300 including a downloadable workbook to be used the day of the retreat and some pre-guidance to make this your best retreat ever!

Register at tinyurl.com/fortifyretreat

Kimberly DuBrul, PCC

Business, Life, and Mindset Coach

802-540-0217 | Kimberly@KimberlyDuBrul.com

www.KimberlyDuBrul.com

LinkedIn: [coachkimd](#) | Facebook: [Kimberly DuBrul Coaching](#) | Instagram: [@KimberlyDuBrul](#)

