

Clarity + Happiness in the 8 Areas of Your Life

(10 is best)

Family	
Where am I now on a scale of 1-10?	
What would make it a 10?	
Social	
Where am I now on a scale of 1-10?	
What would make it a 10?	
Write down two actions that you could take in the next 7 days to move closer to a 10:	
1	
Health	
Where am I now on a scale of 1-10?	
What would make it a 10?	



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Mental / Intellectual	
Where am I now on a scale of 1-10?	
What would make it a 10?	
Community / Philanthropy	
Where am I now on a scale of 1-10?	
What would make it a 10?	
Business / Career	
Where am I now on a scale of 1-10?	
What would make it a 10?	



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inancial	
Where am I now on a scale of 1-10?	
What would make it a 10?	
Spiritual	
Where am I now on a scale of 1-10?	
What would make it a 10?	
Out of all of this, what are your top 3 priorities for 2024?	